

**ACTION CONTINUUM: CHALLENGES AND SUPPORTS** (Adapted from TDSJ2, CD Appendices 6H and 12R)

**Action Continuum:**

The action continuum can be used as an action activity related to any of the readings in Section 1: Conceptual Frameworks, but it is perhaps most applicable to selection #6 by Bobbie Harro, “The Cycle of Socialization.” It can be applied to any of the topics in RDSJ2. The action continuum ranges from the extreme of actively participating in personal, institutional and cultural forms of domination and oppression, to becoming aware of one’s oppressive action, to specific ways of initiating change and fostering liberation. Facilitators ask participants to work in small groups to generate at least two examples for a specific social justice issue along each step of the continuum as a small group brainstorm—or the facilitator might prefer to conduct this brainstorm in the whole class.

[Insert downloadable TDSJ2 CD Appendix 6H here, “Action Continuum”]

**Challenges and Supports:**

Facilitators ask participants to select one position on the Action Continuum (above) and select one action that they are willing to take for that part of the Action Continuum. Facilitator can note the importance of assessing the anticipated challenges and supports in coming up with a realistic action plan. It is helpful for facilitators to stress that the plans should be located in everyday life and deal with issues within participants’ own spheres of influence, or on which they might be able to join and coordinate forces with peers or colleagues (for example, in schools or classrooms or community or religious organizations).

Note: This assessment of Challenges and Supports can be adapted to or combined with any aspect of action planning, such as those outlined on the Activities Section.

**Participant Action Plan Worksheet: Challenges and Supports**

Describe the desired action below. Then break the action into a number of sequential steps (preparatory steps, action steps, closure steps) listed in the worksheet below. Alongside these steps, itemize anticipated challenges and supports. Finally, in the space below the worksheet, write any notes about ideas for ways to identify further resources, peers, networks to serve as support.

**Desired action:**

	<b>Anticipated challenges for each step:</b>	<b>Anticipated supports for each step:</b>
<b>Preparatory steps:</b>		

1. 2. 3. 4.		
<b>Action steps:</b> 1. 2. 3. 4.		
<b>Closure or completion steps:</b> 1. 2. 3. 4.		

**Notes about identifying further resources, peers and networks, and aspects of the institution that will be needed for support:**

**Resources needed:**

**Networks or peer support needed:**

**Institutional support needed?**