

PARTICIPANT WORKSHEET: FRAMEWORKS FOR ACTION PLANNING: “HIGH RISK/LOW RISK”
(ADAPTED FROM TDSJ2, APPENDIX 11V)

This model for assessing the levels of risk in anticipated actions or interventions (“high risk/low risk”) presents a framework for assessing your understanding and feelings of risk in different situations where you might be taking action against religious oppression. Note that one person’s high risk (for example, challenging religious stereotypes held by family members) might seem low risk for another person, and similarly for school-based or workplace-based interventions might seem high-risk (difficult, jeopardizing role or position) to one person but low risk (not challenging, no anxiety about relationships) to another.

Participant Worksheet:

Step 1: On this worksheet, list possible interventions or actions for change that you can imagine yourself making, in order to create a more pluralistic and inclusive religious environment. As you imagine yourself taking this action, rate it from #1 (very high) to #5 (very low) for the level of risk you imagine this might involve for you. “Risk” can involve challenge, difficulty, anxiety, or threat of loss of relationships or status.

Examples of Possible Interventions: List and Rate	#1: very high	#2: high	#3: moderate	#4: low	#5: very low

Step 2: Select the intervention or action that holds the highest challenge, difficulty or risk for you, and list the factors that make it especially challenging, difficult or risky.

- 1. _____
- 2. _____
- 3. _____

Step 3: Select the intervention or action that holds the lowest challenge, difficulty or risk for you, and list the factors that make it less challenging or risky.

- 1. _____
- 2. _____
- 3. _____