Appendix 15I

Assumptions about Ageism and Adultism

About the Nature of Old People and Young People

- 1. We believe that old people and young people are fully human and deserve to be treated with full dignity and respect.
- 2. We believe that young people and old people are entitled to the same access to resources as other humans.
- 3. We believe that old people and young people are entitled to participate in the decisions that affect their lives.

About How We Learn to Do This Work

- 1. We are each works in progress; as we learn more, we make deeper, more significant change at individual, institutional, and societal levels.
- 2. This work has both cognitive and emotional components, and both components are significant to the creation of lasting change.
- 3. We believe that the individual experiences of each of us provide the best data sources for the change that needs to happen.
- 4. We believe that the most significant transformation occurs when individuals are able to "lean into" their "learning edges."

About the Nature of Society

- 1. We believe that ageism and adultism at the individual, institutional and cultural levels limits the experience of all humans.
- 2. We believe that, if not consciously interrupted, the traditional functioning of society is designed to reproduce the marginalization and dehumanization of old people and young people.
- 3. Inequalities in funding and other resources available to young people and old people are manifestations of systemic inequities designed to maintain and reproduce systems of inequality.