

## **“A DAY IN THE LIFE”**

*Heather W. Hackman*

In small groups, choose a gender identity for your group (aka, “you”) and draw on a piece of flip chart paper “a day in the life” for “you” regarding gender either on campus, at work, or in your community. Start from the beginning of the day and in as much detail as possible outline all of the gendered aspects of “you’s” day, paying careful attention to the many gendered markers that are identified in the Lorber, Kimmel and Johnson readings. When finished, discuss the many ways that gender roles were either contributing to the oppression or liberation of “you.”